



Mohawk Mountain Ski Patrol Prospective Candidate Information

Thank you for your interest in joining Mohawk Mountain's Volunteer Ski Patrol. Below is some general information for you to review and decide if you want to come try out. Please note that details are subject to change.

Prerequisites for Consideration x Advanced skiing skills, as assessed by ski patrol during a ski test x Good interpersonal and other skills beneficial to ski patrollers x Must be at least 15 years old at the time of the ski test x Ski test is scheduled monthly throughout the season x There are challenge options. (see "EMT option" below)

Class Size x Maximum 12 students

Outdoor Emergency Care – Full Course

Please review and consider this carefully. This course is quite time consuming.

- x Location : Mohawk Mountain Perch Lodge and Ski Patrol Room x Outdoor Emergency Care (OEC) 5th edition book
- x About 145 hours of training (combined classroom and on-hill practical training) x Classroom (part one) o 6:00 to 9:30 pm Tue – August thru mid November o Every other Saturday 8:00 am to 4:00 pm (approximately) o Attendance is expected, no more than 2 classes can be missed o Tests online for each chapter o Online pre-recorded lectures
 - o Classes consist of chapter review and practical training o Includes American Heart Association "healthcare provider" CPR
 - o Course taught by National Ski Patrol (NSP) trained OEC Instructors to NSP standards o Passing grade is 80% for the final written exam. o Mandatory attendance at one of the 2 OEC refreshers (last 2 Sundays of October) o Mandatory attendance at both lift evacuation drills (1st Sunday in November and the lift evacuation in January – usually the last Sunday)
- x On-Hill portion (part two) o 1:00 pm to 5:00 pm every Saturday (unless 12/25 or 12/26 is Saturday). AND every Tuesday evening 6pm to 9pm (unless 12/24 or 12/25). (times subject to change) o Begins in December the week after Thanksgiving and usually completes by end of January o Follows Ski and Toboggan (S&T) training on Saturday mornings (details below) o Attendance is expected for all Saturdays, no more than 1 class can be missed o Practical skills and scenario based training on the hill in realistic conditions o This training will take place whether or not the

mountain is open for skiing ○ Final practical exam passing grade is 80% at each station – re-testing is possible

Outdoor Emergency Care – Challenge x MD, DO, RN, PA, EMT, and some wilderness emergency current cert/license x Encourage attending classes during full course (please talk with others who challenged) x Abbreviated course in the fall with classroom lectures (usually 5 or 6 lectures mandatory) x Outdoor Emergency Care 5th edition book x Should you not pass the practical exam, you must re-take the entire course.

- x Classroom (part one) ○ Class gives you the information on ski-patrol specific skills as well as how to apply what you already know to a different environment
 - Attendance is required at all of the mandated lectures
 - Includes AHA “healthcare provider” CPR – unless your CPR is valid through the end of season
 - Passing grade is 80% for the final written exam. ○ Mandatory attendance at one of the OEC refreshers (2 Sundays at end of October) ○ Mandatory attendance at both lift evacuation drills (1st Sunday in November and the lift evacuation in January). x On-Hill portion (part two) ○ Same as full-course

Ski & Toboggan Training (S&T) x Begins the second Saturday the mountain is open x 8:00 am to 12:00 pm

x Mandatory for all candidates, usually takes 8 Saturday morning training sessions x Learn skills specific to skiing/riding as it pertains to ski patrol and how to handle a toboggan x Pass final exam in February

Split Option x Begins the second Saturday the mountain is open

- x Ski test is given and a determination is made whether you are ready to join the S&T training class immediately
- x This would allow you to take S&T this season and OEC next season
- x For those with very busy schedules, this helps spread things out considerably

Candidate Year

Your candidate year is set up for training, so you will be learning something every shift you are at the mountain. This is structured for you on Tuesdays and Saturdays, but you are encouraged to attend other shifts so you can work on things at your own pace. You will have skill check sheets of OEC and patroller skills. The latter are those which you will actually spend most of your time doing: skiing, checking trails, skiing, closing trails, putting up/moving fences, skiing, knowing where trails are, trail sweep, etc. (did I mention skiing?) The candidate year is very time consuming and worth every minute of it. Please carefully consider your ability to fully participate in the course.

Commitment to Ski Patrol x Candidates: 145+ hrs OEC, ~30 hrs ski and toboggan (S&T). Tuesday evening and Saturday.

- x First Season Ski Patroller: By becoming a ski patroller you are making a commitment to your ski patrol which includes training new patrollers. You will be asked to sign up to help at 3 training Saturdays that first season and are always welcome to come refresh information at any class. Trust me, this helps you remember this stuff!
- x Ski Patroller: There are four options to choosing shifts. Some options give you more benefits, while others help if you have the need for a variable schedule. If you cannot make your shift, you must find a replacement. Any changes to this policy are announced by the patrol director.
- x For most, this means 15 or so patrol days a season. x Yearly refreshers and lift evacuation drills (see details next section)

Yearly Refreshers:

- x OEC refreshers are held the last 2 Sundays of October in Southington at the YMCA. You are required to attend one of the refreshers every year to maintain the OEC certification.
- x On-hill lift evacuation drill is mandatory on the first Sunday of November and another drill during the winter, usually the last Sunday in January with a pot-luck to follow.
- x CPR. National Ski Patrol (NSP) requires that we refresh our CPR skills yearly, even though our cards are valid for 2 years. The refreshers are announced via email during the summer.
- x Refreshers do not have an additional cost.

Benefits of NSP Membership x See

- <http://www.nsp.org/about/benefits.aspx>
- x “You are part of a dynamic, respected group of individuals whose love for skiing, snowboarding and all things fun in the snow is matched only by your commitment to helping others.” (NSP)
- x Receive Ski Patrol Magazine
- x Participate in educational programs for small or no fee (skier/boarder enhancement, senior program, toboggan enhancement, OEC enhancement, avalanche, mountain travel & rescue...)
- x Participate in member purchase programs (amazing discounts with 30+ major companies) for your equipment
- x Qualify for Pro-Purchase programs for ski/board equipment and boots

Mohawk Benefits x Candidates: season pass for you only, eligible for 1 guest voucher for each on mountain training day.

- x Ski patrollers: season pass for you plus: dependent passes and guest vouchers – amount depends on commitment level.
- x Guest vouchers for \$10 – guests are your responsibility (valid on days you are there only) x Meal voucher for each shift you patrol, worth \$17 in the main lodge only for patrollers x 20% discount at the ski shop in the lodge
- x Discounts at many mountains around the country to go skiing
- x The best friends you’ll ever want to call family x The satisfaction of knowing you’ve made a difference **Cost**

Please consider the costs carefully. The first year financial commitment is substantial and yours to carry. Costs listed covers all materials. There is a yearly registration cost to Mohawk and NSP. Additionally, you will need to consider your uniform consisting of black pants and red jacket/vest with white cross on the back. Clothing can be very expensive or inexpensive depending on what brand you buy. If you already have black pants/red jacket, great, no need to get new ones.

Just realize that once you put a cross on a coat, you can only wear it to patrol and only after you've passed the courses. Also to consider is that we work rain or shine, so waterproof clothing is a really good idea.... Good news is you won't be in uniform until you pass both parts of the training. This gives you time to figure out what you like.

OEC Course Costs (Full Course)

OEC 5 th edition	\$90 approximately
Online Access	\$22
Materials	\$60-160 includes some optional items
NSP course fee	\$60
NSP dues	\$90
Patrol dues	\$20

Additional Expenses

Patrol (1st aid) pack/vest \$50 - \$150
Red jacket/vest & black pants varies, waterproof is highly urged

Years of enjoyment, exhilaration, and helping people – priceless....

If you have further questions, please feel free to contact Frank Trifiletti at fbeans397@comcast.net