



MOHAWK MOUNTAIN 2011-2012 LESSON INFORMATION SHEET

Please look over the following skill level groups to determine how well the participant skis or boards.

How well do you ski?

Level 1 Never skied before.	Level 2 You have skied once or twice and can straight glide, are working on a wedge stop and wedge change-up.	Level 3 You have skied a few times and are starting to make wedge turns both left and right.
Level 4 You are working on linking wedge turns	Level 5 You have been introduced to the Nutmeg Lift and can ski linked wedge turns on the Nutmeg slope.	Level 6G You have advanced beyond the Nutmeg slope, and have begun experiencing parallel turns.
Level 6B You ski open parallel turns with a pole touch on intermediate terrain	Level 6R You are a confident parallel skier on most terrain in average or better than average snow conditions	Level 6R+ You are a dynamic skier in any conditions, on any terrain and have no problem with slalom gates.

How well do you snowboard?

Level 1 You have never been on a snowboard or have tried snowboarding but can't stop.	Level 2 You have ridden once or twice and can traverse on flat terrain but you have trouble making turns in each direction and stopping is a problem. You have ridden a few times and are traversing/side slipping/make linked turns and ride the beginner lift.	Level 3 You can make nicely controlled skidded turns and have no difficulty stopping. You have advanced beyond the beginner's hill and have started to shape your turns. You can make skidded linked turns of various sizes, using turn shape, and terrain to control speed. You are seeking more difficult terrain.
Level 4 You are confident riding on intermediate terrain in most snow conditions. You are beginning to carve the board. You can carve linked turns on intermediate terrain and you are comfortable riding on all terrain.	Level 5 You are confident carving short, medium and long radius turns in a variety of black terrain and snow conditions.	Level 6 You can make dynamic carved turns of all shapes and sizes on a variety of terrain and snow conditions.